



Rules

One More Loop Backyard Ultra

Article 1. Organizer

“One More Loop Backyard Ultra” is organized by ARVIK SAS (SIRET 85047893400019), an event agency specializing in the organization of events and trail and orientation stays in France. ARVIK SAS is registered Atout France under the number IM038190008.

Article 1.1 Values of the organization

The organizers wish to promote, through “One More Loop Backyard Ultra”, the values of mutual aid, conviviality, respect for others and the environment.

The organization thus undertakes to facilitate the arrival by public transport (train, bus) of participants and their companions as much as possible, by minimizing waste and unnecessary purchases, and by raising awareness of respect for the site and the environment. environment, while offering a fun, festive and benevolent race.

The organization will provide as much as possible locally, for foodstuffs as well as for communication media and gifts to participants.

In this eco-responsible approach, runners can refuse the gift offered for their participation if they do not need it, and the organization undertakes to favor the loan or rental of equipment rather than the purchase.

Article 2. General conditions

“One More Loop Backyard Ultra” will take place in accordance with these regulations.

All competitors undertake to submit to these regulations by the mere fact of their registration and by signing the registration form, and release the organizers from liability for any incident or accident that may occur as a result of non-compliance with this regulation.

“One More Loop Backyard Ultra” is part of the “Backyard Ultra” concept developed in the United States by Gary Cantrell, and undertakes to respect the rules established by the organizer of the Backyard Ultra world circuit.

Article 3. Event and route

The start will be given at Parc Jacques Vernier, located Route de Tournai 59500 DOUAI at 2 p.m. on Friday June 9, 2023.

The organizer reserves the right to modify the course, the departure times or even to cancel the scheduled event, without possible refund, according to the conditions



climatic or other particular factors. This race takes place individually on the same loop.

The course measures 6.7056 km, and must be completed in a maximum of 59 minutes and 59 seconds.

At the whistle every hour on the hour, the riders must be in the starting area and take this start.

No personal assistance is authorized on the loop nor artificial aid (sticks...).

The winner is the last person to complete a lap within the allotted time. The others are classified as "DNF" (did not finish). If no one completes one more loop, there is no winner.

Article 4. Conditions of participation

"One More Loop Backyard Ultra" is a race open to all, men or women, licensed or not. The race is mixed, there is no specific classification for men or women. Registration is authorized from the age of 18.

As required by French law, the following are required:

- Either a medical certificate mentioning the "no contraindication to the practice of running in competition", issued less than a year before the date of the event (or its photocopy),
- Either an FFA sports license for the 2023 competition season (mentioning a medical certificate) (FFTRI, FFPM, FFCO licenses are no longer eligible in accordance with the legislation, etc.)
- For foreign runners, the medical certificate is compulsory and must be written in French or transmitted with a certified translation. (a simple solution is to have the medical certificate done in France by a French doctor on your arrival...)

The withdrawal of the bib is subject to the presentation of a valid document as described above. No participation will be possible otherwise.

Article 5. Registration

The race is limited to 250 participants. Registration will be done online on the dedicated site.

Article 5.1 Partial refund in the event of withdrawal If you are

unable to take the start, for any reason, we offer you a partial refund depending on the date of your cancellation:



- If you cancel more than 2 months before the start of the event, we offer you a credit of 100% of the amount paid (excluding service charges)
- If you cancel more than 21 days (3 weeks) before the start of an event, we offer you a credit of 50% of the amount paid (excluding service charges)
- If you cancel within the last three weeks, no refund will be possible.

PLEASE NOTE: no bib transfer is possible

Article 6. Classification and rewards

Runners abandoning the race will be classified as “DNF” (“did not finish”). The last runner having completed at least one additional loop to all the other participants will be declared the winner.

If no runner can make an additional loop, alone and in time, then there will be no declared winner. A ranking will be established indicating the performance of all runners in number of laps (and distance) validated.

This ranking will be published on the race website and on the world backyard ultra circuit, provided that a rider achieves the minimum of 24 laps.

Article 7. Route and terms of each departure

The 6.7056 km loop will be marked out and free of all car traffic.

Runners will not be able to leave the loop once it has started, except to go to the toilet. Any exit from the course of the marked loop or failure to check in mid-loop will result in disqualification.

The slower participants must let the faster ones pass. Participants must respect the environment: throwing packaging, paper or any other rubbish on the course or the starting area of the race will be immediately sanctioned by the organization by disqualification.

Participants have a maximum of one hour to cross the finish line for the loop to be validated and the participant to compete in the next loop.

The start of each loop will be exactly 1 hour after the previous one.

The organization will signal the imminent start of the following loops 3 minutes, 2 minutes, and 1 minute before the start of each loop. Participants must be in the start area when the loop start signal sounds (no late start possible).

Each loop is done independently and without outside help, once the start of the tour has been given, it is forbidden to take or put down anything, or to return to the base camp before having completed the loop. No non-racing person is allowed to race



with competitors in the race (neither pacer nor eliminated runners), all along the course.

Assistance at the base camp is fully authorized, once the round is over, and until the next round starts. No artificial aids are allowed, sticks and MP3 (music) players are prohibited.

The last runner to complete a loop in time will be declared the winner, and the race will be closed. This last rider will not be able to complete additional laps even if he is able to do so.

The race will last as long as necessary.

Article 8. Check-

in The withdrawal of bibs will be possible on site up to 1 hour before departure. Each participant must wear their bib throughout their participation. In the absence of the bib visible at the start or at the finish of a loop, the participant will be disqualified. The score of the runners will be made by electronic chips.

Article 9. Supplies and reception base A

car park will be made available to runners near the Jacques Vernier Park, and they must park exclusively in this car park.

Each competitor will have a space in the start/finish area (outside) to set up at each inter-lap. He will be able to benefit from all the assistance he wishes, assistance cannot however access the starting area. The use of showers, changing rooms, toilets, is subject to the greatest respect for the places that are generously allocated to us. Each loop is run in food autonomy.

The organization will provide a more or less light supply between laps, but it is strongly recommended that runners have their own supply.

Article 10. Compulsory

equipment A telephone switched on and in working order.

A headlamp is also mandatory for night tours.

Article 11. Safety

The rider is the first link in safety. In the event of a competitor's accident, each participant undertakes to help him and to contact the race headquarters or a member of the organization as soon as possible.

If the weather conditions, the physical state or the bad behavior of a competitor require it, the medical team, and/or the race committee have all the power to force a competitor to retire.



In the event of abandonment on his own initiative, the runner must imperatively notify the race PC located at the life base as soon as possible, return his bib (and his GPS chip if applicable). If a competitor decides to abandon without warning of his abandonment, and that the organization carries out research, legal proceedings may be taken against him for the reimbursement of the costs incurred. A medical team will be present at the life base (departure / arrival).

Article 12. Insurance

ARVIK SAS has taken out civil liability insurance for event organizers with MMA (contract no. 148417216) with regard to the organization and coverage of the event. The organization advises each competitor to be in possession of civil liability insurance and repatriation insurance, search and rescue costs.

Article 13. Anti-doping control

Participants undertake to strictly respect the ban on doping as well as the provisions concerning anti-doping controls, as they result from the laws and regulations in force, in particular articles L.230-1 and following of the Sports Code. Participants agree to submit to any doping control.

Article 14. Race committee

It is made up of: the race director and any person chosen for his skills by the race director. The race committee is empowered to take all decisions for the smooth running of the race, and to rule within the time limit compatible with the imperatives of the race on all complaints made during the event. Decisions are final.

Article 15. Image rights and confidentiality

Photographers, videographers, journalists approved by the organization may be present at the race to make reports or videos. Only photographers, videographers, journalists approved by the organization are authorized to trade in their productions. Any competitor expressly waives the right to image rights during the event, as he waives all recourse against the organizer and its approved partners for the use made of his image or data concerning him. .

Article 16. Disclaimer The organizers

decline all responsibility in the event of physical or psychological failure or in the event of injury occurring during the event, as well as in the event of theft or damage to the material goods of the participants and/or accompanying persons.